



Green Pastures...

That is what Spring is all about, and the month of March introduces spring. It is a time of renewal and hope. I was looking into my raised bed box, and I noticed that green onions were growing. They were tall and strong like they had not been touched by the winter snow.

That is how God renews us and restores us after we have gone through the storm. We look like we have not gone through anything at all. What a wonderful God we serve.

God restores us with warmer temperatures. When the temperatures get warmer, we get more energy to do the wonderful activities of the season: planting a garden, planning for Easter, and gathering more with our families and friends.

God regenerates us with daylight. There are more daylight hours in the spring compared to the winter darkness. The light lifts our depression and gives us hope that better things are on the horizon.

God refreshes us with greener plants which bring us clean oxygen to breathe filling our lungs with fresh air. We can now go outside to experience the flowers blooming and the birds singing. I hope to go fishing something I love to do.

The 23rd Psalm is a chapter in the bible that we can read to remind us of the hope of renewal. "Green pastures and still waters" restore our souls. This season, take the time to be in the moment of Spring, to be renewed, restored, and refreshed.

Pastor Tracey B Lyons

From the Treasurer's Office

Thanks so much for your support of your church. Please continue this year to remember St. Luke's with your prayers, your presence, your gifts and your service. When you think about your gifts, please be aware that the church's expenses increase all the time just as they do at your house. God loves a cheerful giver. Your church is hoping and praying that each of you has a healthy and prosperous 2025.

Preschool News

This week in Chapel with Pastor Tracey we learned that sometimes we need to be patient. This means sometimes we may have to wait. Patience means waiting.

Like waiting for a seed that is planted to become a small plant then a bigger plant, some things require patience. To grow our patience, we need to practice. So we played a fun game to grow our patience. Pastor Tracey, though she made some silly faces throughout, asked us to remain completely quiet for a short period of time. Growing our patience. We did amazingly well too! Pastor Tracey usually has Chapel 2 Mondays and 2 Tuesdays/ month.

2025 Programs at Westview!

Westview on the James is pleased to offer summer camp, retreat opportunities, and school-year programs again in 2025! This year, summer camp sessions are available for rising Kindergarteners through rising 12th graders. New programs are available for high school-aged youth! Folks at least 15 years old are eligible to join the summer staff team and make a difference in the lives of children this summer. Groups as small as 12 and as large as 250 can find space to retreat and connect with God, creation, and their communities. Families and friends can enjoy camp together at Camptoberfest, and we finish the year with our annual Winter Camp. There is something for everyone at Westview on the James where Camp Times are the Best of Times!

Please click on the button below to access the 2025 WOTF catalog. If you would like a copy mailed to you, please email gomez@westviewonthejames.org or call 804-650-2294.



St. Luke's Face Book Page

Make sure you like the St. Luke's Facebook page to keep up with everything going on at church. Also, please like and share the posts and events. The more we share and like, the more others will see what a wonderful place St. Luke's is -- and all the things that we are doing!

Here's a link to our page:

<https://m.facebook.com/St-Lukes-United-Methodis-Church-486188658201339/>



United Women in Faith will meet Wed Mar. 5, at 11:00 am
Program : Prayer & Self Denial by Ibbie Smith
Bring a brown bag lunch and stay for the Ash Wed. Service

Young At Heart 2/25/25 Due to the weather YAH didn't meet in February. We plan on meeting on Wednesday 3/12 - program is yet to be determined.

Estimate of Giving Cards –
If you have not turned in your estimate of giving cards, you still have an opportunity to do so. You may call Margaret Anderson (804-276-7000) in the church office and she will be glad to fill it out for you.

Helpers are needed! If you would like to help with the repairing of the shed, please let Wilmer, Clinton or Bobbie know. Hours - 9:00 am to mid- afternoon. All extra hands will be appreciated.

Florist: We have engaged the services of a new florist for our altar flowers. The cost for an arrangement on Sunday is now \$35.00. The sign-up calendar is on the bulletin board leading into the sanctuary. Please take a moment to see if the Sunday you would like is available and sign up on the Flower Calendar or call the church office (804-276-7000).

BE INFORMED

Keep up with all that's going on within the Virginia United Methodist Conference by visiting –

<http://www.vaumc.org>

Upheld in our Prayers

Prayers for peace in Israel, Gaza and Ukraine
Prayers for our Military

John & Joan Crawford **Isabella Jones**
Leanne Rohlk's daughter **Keith Callis**
Wilmer & Phyllis Downs **Bonnie Urbanski**
Deannie Reynolds **Bill & Andrea Brown**
Doris Jenkins **Shirley & Ronnie Weade**

Our Military

Robbie Bowen, Aaron Frankey

See our weekly Tuesday email for a complete listing of all prayer requests.



Important Dates — March 2025

- | | | | |
|----------|--|--------------|--|
| March 1 | 8:30-11:30 am Nazarene Church-Morning Prayer
4:00-6:00 pm Nazarene Church -Band Practice | March 23 | Third Sunday in Lent
9:30 am- Sunday School
10:30 am- Worship Service
1:30-6:00 pm-Nazarene Church |
| March 2 | 9:30 am- Sunday School
10:30 am- Worship Service- Communion
1:30-6:00 pm-Nazarene Church | March 24 | 10-10:30 – Preschool Chapel
DEADLINE FOR REGISTRATIONS FOR EBS |
| March 4 | 5:30-6:30 pm – U.M.Men's Pancake Supper | March 25 | 10-10:30 – Preschool Chapel |
| March 5 | Ash Wednesday
10:30 am – United Women in Faith
1:00 pm- Ash Wednesday Service | March 27 | 5:30-7:30 pm – Evening Bible School |
| March 7 | 10:00-2:00 pm-Home Schooling
7:30-9:30 pm – Nazarene Church | March 28 | 10-2 pm – Home Schooling
7:30-9:30 pm – Nazarene Church |
| March 8 | 4:00-6:00 pm Nazarene Church -Band Practice | March 29 | 4:00-6:00 pm – Nazarene Church Band Practice |
| March 9 | First Sunday in Lent
9:30 am- Sunday School
10:30 am
1:30-6:00 pm-Nazarene Church | March 30 | Fourth Sunday in Lent
9:30 am- Sunday School
10:30 am- Worship Service
1:30-6:00 pm-Nazarene Church |
| March 10 | 10:00-10:30 am – Preschool Chapel | APRIL | |
| March 11 | 10:00-10:30 am – Preschool Chapel
7 pm – Finance Committee Meeting by Zoom | April 6 | Sunday –Fifth Sunday in Lent
9:30 am- Sunday School
10:30 am- Worship Service
1:30-6:00 pm-Nazarene Church |
| March 12 | 10:30 – Young at Heart | April 13 | Palm Sunday and Cantata
9:30 am – Sunday School
10:30 am. – Worship Service
1:30-6:00 pm - Nazarene Church |
| March 14 | 10-2 pm – Home Schooling
7:30-9:30 pm – Nazarene Church | April 20 | Easter Sunday
7:00 am – Sunrise Service
7:30 am – Breakfast provided by the U.M. Men
9:30 am - Sunday Schol
10:30 am – Worship Service
1:30-6:00 pm – Nazarene Church |
| March 15 | 4:00-6:00 pm – Nazarene Church – Band Practice | | |
| March 16 | Second Sunday in Lent
9:30 am- Sunday School
10:30 am- Worship Service
1:30-6:00 pm – Nazarene Church | | |
| March 18 | 7 pm – Administrative Council Meeting by Zoom | | |
| March 19 | 10:30 am – Coloring – Pastor Tracey hosting | | |
| March 21 | 10-2 pm – Home Schooling
7:30-9:30 pm – Nazarene Church | | |
| March 22 | 4:00-6:00 pm – Nazarene Church Band Practice | | |

March 5 – Ash Wednesday Service – 1:00 pm (Mark your calendar)

March Birthdays

March 6	Steven Grubbs Charlotte deKrafft
March 7	MaryJo Jones
March 10	Beth Ball
March 12	Christopher Hedrick
March 15	Kathy Bowen Elijah Jones Scott Brown
March 18	Eric Jones
March 21	Elton Gardner Andrew Proffitt
March 24	Steven Hudson
March 26	Deanie Reynolds Cody Russell Ken Knust
March 30	Debbie Smart
March 31	Bobbie Strum

Anniversaries

March 25	Bobbie & Rhea Strum
March 26	Patrick & Carolyn Beeckler
March 29	Andrew & Sevda Russell



"With Our Deepest Sympathy"

Please remember the family of Sue Fussell who claimed the promise of the resurrection on Sunday, February 23, 2025



Pastor Tracey loves having time with the Preschool children during Preschool Chapel



St. Luke's seeks to be a spiritual community where all God's children experience Christ's love and redemption and where we share this through worship, fellowship, education and mission for the community and the world.

www.stlukesrva.org

Pastor
The Rev. Tracey Lyons
stlukespastor@stlukesrva.org

Shirley Gary
Office Manager
stlukesoffice@stlukesrva.org

Margaret Anderson
Financial Secretary
stlukesfinsec@stlukesrva.org

Scottie Kyle
Treasurer
stlukesreas@stlukesrva.org

Michele Hart
Preschool Director
director@stlukespreschoolva.com

Ray Jenkins
Superintendent of
Sunday Schools